

Immaculata Retreat Packing List

Be sure to label all suitcases/bags with your **First** and **Last Name**. Labeling can be done with tags or duct tape and then a sharpie written over it. *(even label trash bags with pillows in it)*

Prayer Items:

- Completed Examination of Conscience! *(Come prepared for Confession!)*
 - To prepare you can use any good App or [Fr. Mike's detailed version](#).
- Rosary

Shower/Sleeping Items:

- Sleeping Bag/Blankets- *(Each bed comes with a mattress. You need bedding)*
- Pillow
- Towel for shower
- Shower sandals
- Soap/Shampoo
- Toothbrush/toothpaste
- Hairbrush
- Hair ties
- Deodorant

Clothing:

Dress Warm!!- We will be outside for multiple outdoor activities during the day.

- **Sunday Best Nice outfit**
 - On Sunday we will have the opportunity to dress up for Mass! (Bring a modest dress/skirt/collared shirt, etc)
- **Saturday**- We will provide our retreat T-Shirt.
- Jeans/Skirts *(leggings are considered undergarments)*
- Sweatshirt
- Sneakers *(outdoor activities)*
- Winter Coat *(Wear many layers! Cold outside!! Will be at campfire at night)*
- Hat & Gloves
- Raincoat *(check the weather, if it's going to rain)*
- Modest PJ's
- Underclothing and Socks

Miscellaneous Reminders to Pack:

- Water bottle *(so you can refill and drink water on retreat. Be sure to label yours)*
- Hand sanitizer
- Flashlight *(we discourage the use of cell phones)*
- Glasses, Contacts, Solution